

With an experienced interdisciplinary team of physicians, nurses, social workers, rehab specialists, dietitians and therapeutic recreation specialists, our staff will offer customized care planning for each resident to help them achieve functional independence.

Social workers assist residents and families through the admission process in addition to coordinating preparations for discharge.



#### Services Include:

Intensive Rehabilitation Services — Physical, Occupational and Speech Therapies

Hospice

IV Therapy

Long Term Care

Ostomy Care

Pain Management

Short Term Rehab

Subacute Care

Tracheostomy Care

Wound Care



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# Excellence in Rehabilitation and Nursing Care...





## Leading the Way in Rehabilitation in Suffolk County

Welcome to

Island Nursing and Rehab Center,
a recognized leader in rehabilitation
and nursing care. Our facility,
located on eight beautifully
landscaped acres, offers a
comprehensive range of quality
short term rehabilitation,
subacute services, wound care,
skilled nursing care and
respite services.



#### Offering the Newest and Most Advanced Healthcare

Island Nursing and Rehab Center's spacious and extensive rehabilitation department enables short term residents to receive intensive physical and occupational therapy 6 days-a-week and speech therapy 5 days-a-week in an environment conducive to maximizing functioning and independence.

With a focus on cardiovascular disease and orthopedics, our team is committed to preparing residents for a safe and successful transition home. The rehab program at Island Nursing and Rehab Center features a specially adapted activities-of-daily-living kitchen, bath and full-size car for automobile transfer training, offering residents the opportunity to utilize adaptive devices so they will feel comfortable returning to their home environment.

We also offer temporary Respite Care for residents, providing relief to caregivers in the community who are caring for an elderly loved one at home. Respite residents are given a private suite with telephone and television. They receive 24-hour care, three nutritious meals daily and participate in activities.



### Quality Care in an Elegant Environment

Our facility offers elegant ambiance, with beautifully decorated rooms filled with comfortable sofas and chairs, televisions, VCR/DVD and computers with webcams to stay in touch with family and friends.

Resident rooms are beautifully decorated and feature electric beds and private bathrooms. Residents also enjoy our beautiful Garden of Hope, with a cascading waterfall, where they can enjoy panoramic foliage, landscaped gardens, fragrant scents and relaxing music. Our beautiful dining rooms offer healthy and nutritious meals prepared by our in-house chefs under the supervision of a registered dietitian.

Unique and innovative recreational and therapeutic activities include a wide range of creative, leisure, wellness and educational programs.

